

## Understanding Child Behaviour

### What is the distance learning about?

This workshop identifies child behaviour and learning theories that will help you understand behaviour changes when working with children and considerations when delivering programmes.



### What does the workshop cover?

- Understanding the behavioural changes at different ages
- Adult expectations
- Desired behaviour
- Management strategies
- Safety considerations

### What work do I have to complete?

There will be small tasks in the form of questions and case studies within your workbook to complete. This is to show that you have read and understood certain criteria.

### Entry requirements

Adults wishing to take this distance learning workshop should be one of the following:

- Children's fitness Coach
- Sports coach
- School teacher or teaching assistant
- Playworker
- Youth worker
- Activity Leaders

## Responsible Coaching and Good Practice



### What is the distance learning about?

This workshop is a guide for coaches as to their responsibilities and good practice as professionals working with children.

You will learn how to adapt coaching styles to meet the needs of different age groups to enable children of all abilities to grow as individuals in a safe environment.

### What does the workshop cover?

- Understanding the key principles in a Code of Practice
- Building a foundation for good working practices
- What constitutes a responsible leader
- Recognising poor practice
- Understanding risk assessments and other procedures

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**Contact us to book, and we will send you a manual and workbook.**

**Upon completion of the workbook, return it, and your work will be read by an assessor and your certificate of completion will be issued.**

*Please note: As these distance learning workshops require no assessment, your assessor will give you feedback on your work but there is no 'Pass' or 'Fail'. You receive a certificate upon completion of the workshop on the condition that you have shown understanding of the material in the manual.*